

TOMORROW IS ANOTHER DAY: GOOD NEWS OR BAD?

What are your days like right now?

Scarlett O' Hara – “Tomorrow is another day” – Is that good news or bad?

Every day is **not** like every other day.

And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 2:3

Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work ...

Exodus 20:9-10a

Then [Jesus] said to them, “The Sabbath was made for man, not man for the Sabbath.”

Mark 2:27

What is Sabbath?

*Sabbath is both a day and an attitude to nurture such stillness. It is both time on a calendar and a disposition of the heart. It is a day we enter, but just as much a way we see. Sabbath imparts the rest of God – actual physical, mental, spiritual rest, but also the **rest** of God – the things of God’s nature and presence we miss in our busyness.*

Mark Buchanan, The Rest of God: Restoring Your Soul by Restoring Sabbath, p. 3

Sabbath is not an issue of employment

*Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. **For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.***

Exodus 20:8-11

Observe the Sabbath day by keeping it holy, as the LORD your God has commanded you. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the alien within your gates, so that your manservant and maidservant may rest, as you do.

Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

Deuteronomy 5:12-15

What do we learn from the Sabbath?

1. An appreciation of the image of God.

... as God's embodied representatives on earth, humankind's central and abiding vocation is to work to our best ability, and with God's help, to make sure that creation honors God and continues to be a source of delight to God. Our most fundamental work, as well as the many permutations it can take, must grow out of this divine calling. Human work and creativity are at their most authentic best when they increase the possibilities for mutual delight.

Norman Wirzba, Living the Sabbath: Discovering the Rhythms of Rest and Delight, p. 96

2. An appreciation of true work.

A SABBATH ATTITUDE BETWEEN CAREERS

Lay claim to your need for rest.

Reclaim your identity as a part of the community.

Join in God's work.

If human delight finds its model and goal in God's delighting in creation, so too human work finds its inspiration and fulfillment in God's own work of healing, restoring, strengthening, and maintaining the life of creation. Our work, if it is to be good, must line up sympathetically and harmoniously with God's.

Norman Wirzba, Living the Sabbath: Discovering the Rhythms of Rest and Delight, p. 95

Don't just consider what you can bring to a company, but what you **will** bring.

Resist the Dilbert identity!